

# PSHCE

Corpus Christi Catholic College

## Personal

## Social

## Health

## Citizenship

## Economic

## Wellbeing

At Corpus Christi Catholic College we are dedicated to ensuring your child grows up being a happy, healthy and balanced individual.

Our programme aims to develop well informed pupils who have the confidence to make the right decisions for them.

Through our PSHCE programme and wider school activities your child will be physically, mentally and economically prepared for the responsibility of becoming an active member of their community.

Spiritual, Moral, Social and Cultural issues are firmly embedded in each curriculum area as well as being explored in more depth during guided Pastoral time.

British Values are taught to every pupil so they have knowledge of:

- Democracy.
- The rule of law.
- Individual liberty.
- Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

All teachings are in accordance with the Diocese of Leeds guiding principles:

- We believe that God is love
- We believe everyone is created in God's image
- We believe that Jesus shows us the fullness of life
- We believe that the Church guides us
- We believe in forgiveness, healing and Christ's victory

All PSHCE lessons allow the opportunity for pupils to reflect on the learning, using prayer, scripture and holy imagery, so they may explore the topic within a Catholic framework and looking to Jesus' and the Church's teachings.



# Year 7



## Programme Of Study

### Module 1: Healthy Schools

Pupils explore what makes a healthy and well balanced diet, and how this can help them to lead a more physically and mentally healthy life.

### Module 2: A place to Learn

Pupils are introduced to school systems, how learning and progress is tracked and recorded and they are taught how to set useful academic and personal targets.

### Module 3: Safety Education

Road Safety talk—Delivered by Road Safety.  
Online safety—Delivered by our Safer Schools Police Officer

### Module 4: Resolving conflict

Looks at how people express themselves, relationships with friends, rights and responsibilities towards others and bullying.

### Module 5: Citizenship (Community Cohesion)

Looks at being part of social groups, such as a Family, Church, Parish, School, Town and then being part of a Country, a Society and Culture. British values are outlined.

### Module 6: Drug Education (Alcohol)

Physical and social effects of alcohol consumption.

### Module 7: Economic Wellbeing & financial

Pupils create their UExplore profile (which can be accessed from home) to help them explore possible career choices.  
Occupational awareness session—Delivered by CCCC's Careers Advisor.

### Module 8: SRE

Hygiene and puberty talk—Delivered by outside agency

The PSHCE programme has been developed in line with the UK Government's statutory guidance for KS3 and KS4.

The modules allow pupils to:

- Develop personal identities
- Understand how to live a healthy lifestyle
- Assess risks to their personal safety and wellbeing and give them the confidence to make the right choices for them.
- Create and maintain good relationships
- Identify and celebrate diversity
- Develop a career path
- Manage their finances
- Make sound economical decisions

The programme is reviewed yearly to ensure that the content is up to date and relevant.

Pupils take a yearly My Health My Schools questionnaire, which allows us to track trends, identify issues and ensure that provision is targeted for the needs of your child.

Current topics of interest, for example the refugee crisis or the UK referendum are also highlighted and discussed where appropriate.

All pupils develop their knowledge of jobs, skills and a careers path with the online software UExplore. Each pupil has their own profile where they can explore careers, log their interests and set personal targets. As a parent you can access this at home with your child.



## Student Council

Each form has 2 members who represent them as part of the School council. These pupils help to make important decisions on how they work, learn, pray, grow and live their mission.

In year 11 this forms the Junior Leadership Team, which contains the Head boy and Head girl. Prefects are also chosen.

We also have a range of Ambassadors in each year group.

- Bullying Ambassadors
- Healthy Schools Ambassadors
- Environmental Ambassadors
- Learning Ambassadors

These pupils take a lead role in one of these areas and help promote and monitor different initiatives at school.



We are also proud to be a Healthy School having just re-validated our Healthy School Status.



We also work closely with the sustainable transport company Sustrans, to promote healthier, safer, cheaper and more environmentally friendly ways to travel to and from school.

Currently we have a bike scheme, with over 12 bikes which pupils can loan from the school.

Thanks to taking part in the University of Leeds and Staffordshire University's research we have awards for being '*Outstanding Investors in Student Health an Wellbeing*'.

### **YEAR 9 HEALTH FAIR**

Year 9 students also have a drop down day where they explore a wider range of PSHCE issues in more depth and receive a range of inputs from a wide variety of providers, speakers and charities.



[You can find out more by visiting the school website.](#)